

# Temporomandibular Disorder and Headaches

## What symptoms might we consider to rule in the TMJ?

- Patient point to TMJ (highly sensitive and specific)
- Joint noise (on opening, closing, reciprocal, unilateral or bilateral)
- Joint locking
- Limited opening, trouble eating, chewing
- Ear symptoms such as tinnitus, fullness, or loss of hearing acuity
- Dizziness
- Headaches
- Neck pain
- Bruxism, sleep position (hands under chin), playing musical wind instruments
- Dental sings and symptoms
- Psychosocial factors

## About Us:

We are a small boutique clinic located in Downtown Barrie. We are highly skilled in the assessment and treatment of TMJ and Headaches. Clinic owner Christine Pratt, PT is a Fellow of CAMPT (Canadian Academy of Manual Physiotherapists, an internationally recognized organization) and is an assistant instructor in their education system. She uses her training and experience in UBC's GunnIMS technique as part of her neck and TMJ treatment. Our number one priority is to deliver exceptional care using highly specialized skills.



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